The Healthy Living Center (HLC) is a comprehensive endocrinology program that provides medical evaluation, treatment, education, management and support for those battling endocrine-related diseases.

**The HLC areas of expertise include:**
- Type 1 Diabetes, including insulin pump therapy with continuous glucose monitoring
- Type 2 Diabetes, including insulin pump therapy as well
- Gestational Diabetes
- Adrenal disease
- Thyroid disease
- Osteoporosis
- Pituitary disease
- Parathyroid disease
- Hypogonadism

**The HLC program provides:**
- Medical evaluation and treatment
- Individualized wellness plans
- Diabetes education and management tools
- Nutrition, counseling and tips for healthy eating

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**Physician Referral Required**

For more information, call: **803-395-3891**  
Toll Free in SC: 800-476-3377, ext. 3891  
FAX: 803-395-4251  
HealthyLivingCenter@regmed.com

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**Kimberly Boggs Pugh, MD**  
**ENDOCRINOLOGIST**

Kimberly Boggs Pugh, MD, is a board certified physician in Endocrinology and Internal Medicine. She holds a medical degree from West Virginia University, Morgantown, W.Va. She completed a residency in internal medicine at University Hospital of Jacksonville in Jacksonville, Fla. In addition, Dr. Pugh completed a fellowship in endocrinology at the Medical University of South Carolina. She is also a certified diabetes educator and clinical densitometrist.

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**Temple Simpson, PA-C, MPAS, CDE**  
**ENDOCRINOLOGY SPECIALIST**

Temple Simpson, PA, MPAS, CDE, is a highly-skilled and experienced endocrinology specialist. She holds a Master of Science degree in physician assistant studies from the Medical University of South Carolina and a Bachelor of Science degree in health science with a minor in microbiology from Clemson University. She is also a certified diabetes educator.

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[Map of RMC Annex Building]