



the Regional Medical Center
Orangeburg, SC

Café RMC

Week of Monday January 17th, 2022

Café Entrées & Salad Recipes were
Developed by our Regional
and National Chefs and Dietitians .
Check Out Our **Daily** Grill, Entree
and Grab & Go Offerings!

Meal Service Hours

Monday - Friday

Breakfast 7am- 9:30am

Lunch 11am - 1:30pm

Grille 11am- 2pm

Vending 24 Hours

*****TRMC Employees Receive a 25%
Discount on Listed Menu Items ! *****

Nutrition Services Team

Becky Huggins , Café Supervisor
Shelia Jackson , Café Specialist
Rodney Govan , Executive Chef
Mike Fredericks , Department Director



Thought for the Day

**“ Faith is Taking the First Step When
You Can’t See the Whole Staircase “**
~ Martin Luther King Jr.

MLK Day !!

Today's Soup :	Classic Chicken Noodle	2.59
Features :	Fried Pork Chop	3.89
	Famous Rotisserie Turkey Breast	3.99
	Steamed White Rice / Black Eyed Peas	1.59
	Country Style Green Beans	1.49
	Cornbread Stuffing	1.29
	Baked Apple Cobbler	2.69

Tuesday

Today's Soup :	Broccoli & Cheddar	2.59
Features :	Maple Glazed Candied Yams	1.59
	Happy Hen Signature Fried Chicken	4.29
	Pollo Rostisado	3.96
	Braised Collard Greens	1.59
	Mac & Cheese / White Rice	1.59
	Verde Taco Tuesday !	

Wednesday

Today's Soup :	Stuffed Baked Potato	2.59
Features :	Grilled and Spiced Shrimp	4.99
	Fiery Black Pepper Beef	4.99
	Spud Shack Stuffed ' Taters	3.99
	Roasted Fresh Broccoli	1.79
	Fajita Spiced Chicken	4.89

Thursday

Today's Soup :	Fancy Corn Chowder	2.59
Features :	Steamed Long Grain Rice	1.79
	Honey Glazed Salmon Fillet	4.99
	Pan Fried Fish Fillet	4.39
	Stewed Tomatoes / Grits	1.99
	Corn on the Cob	1.79
	Blueberry Cobbler / Cornbread Muffin	2.99

Friday

Today's Soup :	Italian Wedding Soup	2.59
Features :	Chicken Wing Madness !	1.29 each
	Steamed Vegetable Medley	1.49
	Veggie Lovers Pizza Pie by the Slice	2.99
	Jo-Jo Potato Wedges	1.79
	Carrot & Celery Sticks	1.79

Saturday & Sunday

*Try our Seasonal Menu Stylings Available Weekends and
Holidays . Please Enjoy !*

