

## events

Meet Me in Morocco ...

### RMC Foundation's 23<sup>rd</sup> Annual Gala

Saturday, March 17

Presented by Zeus Industrial Products, Inc., and the RMC Foundation, proceeds from this event will benefit the Mabry Center for Cancer Care at RMC. For more information, call 803-395-2321 (or toll free in SC: 800-476-3377, ext. 2321).

\*To access or print additional copies of this calendar, go to [www.trmchealth.org](http://www.trmchealth.org), select "Community Calendar" under "News & Publications."



FREE Screening:

### Vein Disease Screening

Thursday, March 1 or Tuesday, March 20 (appointments begin at 4:00 pm)

Vein Clinic at RMC (Annex Building | Upper Level)

**(Appointment required; call 803-395-4555 or toll free in SC: 800-476-3377, ext. 4555.)**

RMC's Vein Clinic is offering this free screening for individuals who exhibit symptoms of venous disease including varicose or spider veins, restless legs and venous ulcers; aching, fatigue or heaviness in legs; throbbing or burning leg pain; and/or cramping, swelling and numbness in leg.

FREE Seminar:

### Surgical Weight Loss

5:30 pm, Wednesday, March 7

RMC Education Center (located at the rear of the hospital)

**(Registration required; call 803-395-2720 or toll free in SC: 800-476-3377, ext. 2720.)**

RMC's Surgical Weight Loss Center offers options to help obese individuals realize and maintain weight loss. Attend one of these FREE seminars to learn about the process. Surgery costs and payment options will also be presented. For more information, call 803-395-2720 (toll free in SC: 800-476-3377, ext. 2720).

FREE Workshop:

### Patient Empowerment Kidney Disease Workshops

9:00 am – 3:00 pm, Thursday, March 8 at The Broughton Event Venue (1039 Broughton Street)

or 12:00 noon – 4:00 pm Saturday, March 24 at Claflin University Jonas T. Kennedy Health and Physical Education Center (400 College Street)

**(Registration required by March 5; call 803-799-3870 ext. 631.)**

Presented by the Orangeburg Branch of the NAACP and the Regional Medical Center, the NAACP-ACE Dialysis Initiative for Access, Choice and Equity will provide information on prevention and treatment of kidney disease, and how to access local services including home dialysis therapies. For more information, call Ava Dean at 803-799-3870 ext. 631.

### Vascular Disease Screening

Friday, March 16 (appointments begin at 8:00 am)

Vascular Center at RMC (Annex Building | Upper Level)

\$40 per test or \$99 for all 3

**(Appointment required; call 803-395-4545 or toll free in SC: 800-476-3377, ext. 4545.)**

RMC's Vascular Center is offering three painless, noninvasive screenings: Carotid Arteries Scan, which checks for plaque in the major arteries; Abdominal Aorta Scan, which checks for bulging (aneurysm) in main artery; and Ankle Brachial Index, which checks blood flow in the legs. Medicare does not cover reimbursement for most vascular screenings. Insurance claims will not be filed through this screening program. Cash, checks or credit cards are accepted.

# + rmc Community Calendar

March 2018

3000 St. Matthews Road | Orangeburg, SC 29118  
803-395-2200 | 800-476-3377 | TDD: 803-395-2350 | www.trmchealth.org

## events

FREE Seminar:

### “Lunch & Learn” or “Dinner & Learn”

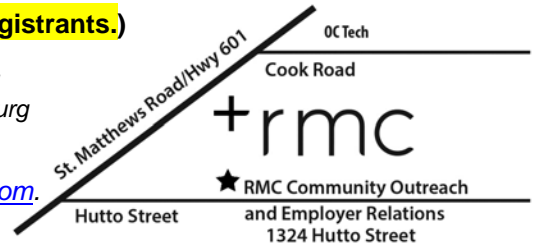
Topic: Colorectal Cancer Awareness      Speaker: Kimberly Miller-Hammond, MD

6:00 pm, Thursday, March 15    or    12:00 noon, Friday, March 16

FREE (Registration required by March 12; seating limited to first 50 registrants.)

To register or for more information,  
contact Patricia Funderburk, RN, CPST,  
Community Outreach manager/  
Safe Kids director, at 803-395-2698  
(toll free in SC: 800-476-3377, ext. 2698) or email: [pdfunderburk@regmed.com](mailto:pdfunderburk@regmed.com).

**RMC Outreach Building**  
1324 Hutto Street, Orangeburg  
See map →



FREE Class:

### Kidney Smart<sup>®</sup> Class

11:00 am, Friday, March 23

(Registration required; call 864-354-6563)

RMC Dialysis Access Institute (3000 Saint Matthews Road)

Presented by DaVita Inc., certified kidney care educators will help patients develop action plans to better manage their health. Register for a 90-minute class at [KidneySmart.org/Class](http://KidneySmart.org/Class) or call 864-354-6563.

## 2018 Midlands Heart Walk

Check-in begins at 8:00 a.m., Walk begins at 9:30 a.m.

Saturday, March 24

Colonial Life Area, 801 Lincoln St., Columbia, SC

Presented by the American Heart Association®, the 2018 Midlands Heart Walk will raise funds to help fight heart disease and stroke. For more information, call the Midlands Heart Walk Team at 803-806-3092.

## save the date

### 2018 March of Dimes “March for Babies”

Registration begins at 5:00 p.m., Walk begins at 5:30 p.m.

Thursday, April 12

Edisto Memorial Gardens Art Center Shelter, 649 Riverside Dr., Orangeburg

Join Team RMC for this walk to support babies. For more information, call Team RMC Captain Stephanie Crider at 803-395-2838.

### FREE “Relay for Life” Cancer Survivor Reception for Orangeburg and Bamberg Counties

12:00 p.m.

Saturday, April 14

Trinity Presbyterian Church Picnic Shelter, 975 Willington Dr., Orangeburg

Area cancer survivors will be honored at this reception hosted by RMC and Trinity Presbyterian Church. Cancer survivors who attend this reception will receive a free t-shirt. For more information, contact Olive Etheridge at 803-395-2325.

### “Relay for Life” of Orangeburg and Bamberg Counties

Opening Ceremonies begin at 6:30 p.m., Survivors’ Lap begins at 7:00 p.m.

Friday, April 27 (Rain date: April 29)

Orangeburg County Fairgrounds, 350 Magnolia St., Orangeburg

RMC supports the American Cancer Society’s “Relay For Life” events in Orangeburg and Bamberg counties and will join other organizations, families and friends who are passionate about finding an end to cancer. For more information, visit [www.relayforlife.org](http://www.relayforlife.org), or contact marnie wells at [marnie.wells@cancer.org](mailto:marnie.wells@cancer.org) or call 803-750-1693.

# + rmc Community Calendar

March 2018

3000 St. Matthews Road | Orangeburg, SC 29118  
803-395-2200 | 800-476-3377 | TDD: 803-395-2350 | www.trmchealth.org

**\*\*\*THERE IS A CRITICAL NEED FOR ALL BLOOD TYPES!**

## SIGN UP TO DONATE or HOST A COMMUNITY BLOOD DRIVE

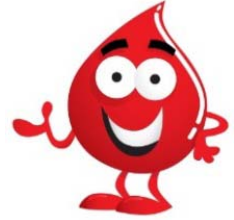
Blood is a vital resource that requires constant replenishment. RMC is one of only two hospital-based blood donor programs in our state, and depends on the active participation of community members and organizations to help meet the blood needs of patients.

Each blood donation can save up to three lives. All blood collected at RMC's Blood Donor Center and on the RMC Bloodmobile stays in the community.

**WE NEED YOU! Please take the opportunity to help patients – friends, neighbors and loved ones – by donating blood.**

To make an appointment, schedule a blood drive in your community or get more information, contact the Blood Donor Center at 803-395-2419 or toll free in SC: 800-476-3377, ext. 2419.

To avoid wait times, appointments are encouraged and may be made two ways: (1) Online: Go to [www.trmchealth.org](http://www.trmchealth.org) and click on the "Blood Assurance Program – Click here to donate blood" box located in the upper left hand side of the web page (you will need to know your donor ID#) or (2) Call the Blood Donor Center. Walk-ins are welcome, too.



### RMC Blood Donor Center

The Regional Medical Center | 3000 St. Matthews Road Orangeburg, SC 29118

**10:00 am - 6:00 pm, Mon. - Fri. (except holidays) 10:00 am - 2:00 pm, Sat. (except holidays)**

## Mobile Mammography Coming Soon to Your Area ...

RMC's Mobile Mammography Services van will be at the following locations to provide digital mammograms. Mammograms can detect very small lumps in the breast, even before they can be felt. The keys to surviving breast cancer are early detection and early treatment. For more information or to schedule an appointment for a digital mammogram, call Christina Zeigler, RT (R) (M), mobile mammography coordinator, at 803-395-2841 (toll free in SC: 800-476-3377, ext. 2841).

**(APPOINTMENTS REQUIRED. YOU MUST BRING DOCTOR'S ORDER TO APPOINTMENT.)**

**In ST. MATTHEWS** (1<sup>st</sup> Tues. of each month)

**Tuesday, March 6**

(102 Courthouse Annex, St. Matthews)

**In NORTH** (1<sup>st</sup> Wed. of each month)

**Wednesday, March 7**

**RMC Primary Care | North**

(4631 Savannah Hwy., North)

**In BAMBERG** (2<sup>nd</sup> Mon. of each month)

**Monday, March 12**

**Urgent Care | Bamberg**

(185 McGee St., Bamberg)

**In HOLLY HILL**

(1<sup>st</sup> Mon. & 2<sup>nd</sup> Tues. of each month except holidays)

**Monday, March 5**

**Tuesday, March 13 (afternoon only)**

**Diagnostic Center | Holly Hill**

(185 Bunch Ford Rd., Holly Hill)

**In CAMERON** (2<sup>nd</sup> Tues. of each month)

**Tuesday, March 13 (morning only)**

**Cameron Community Center**

(8054 Old State Rd., Cameron)

**In SANDY RUN** (3<sup>rd</sup> Tues. of each month)

**Tuesday, March 20**

**Government Complex**

(1722 Old State Rd., Gaston)

**In SANTEE** (4<sup>th</sup> Tues. of each month)

**Tuesday, March 27**

**Urgent Care | Santee**

(111 John Lawson Ave., Santee)

**In BRANCHVILLE** (4<sup>th</sup> Wed. of each month)

**Wednesday, March 28**

**RMC HEALTHPLEX | Branchville**

(7031 Freedom Rd., Branchville)

3000 St. Matthews Road | Orangeburg, SC 29118  
803-395-2200 | 800-476-3377 | TDD: 803-395-2350 | www.trmchealth.org

## community outreach

Learn your key health numbers at FREE health screenings. For more information on the following community outreach efforts, contact Patricia Funderburk, RN, CPST, Community Outreach manager/Safe Kids director, at 803-395-2698 (toll free in SC: 800-476-3377, ext. 2698) or email: [pdfunderburk@regmed.com](mailto:pdfunderburk@regmed.com).

### ❖ Health Information & Screenings

#### Blood Pressure, Blood Sugar, Cholesterol

(No registration required. For the best results on blood sugar and/or cholesterol screenings, 8-hour fasting recommended.)

**Wed., March 7** ..... 11:00 am - 1:00 pm

Mt. Pisgah Baptist Church Soup Kitchen  
310 Green St., Orangeburg

**Sat., March 17** ..... 9:00 am - 12:00 pm

Amazing Grace Ministries Health Fair  
181 Beech St., Denmark

**Sat., March 24** ..... 12:00 pm - 4:00 pm

NAACP-ACE Initiative / Nat'l Kidney Foundation  
Claflin university – Jones T. Kennedy Health and Phys. Ed. Center (Gym)  
400 College St., Orangeburg

#### AT COUNCIL ON AGING SITES:

##### ❖ Bamberg

Thurs., March 1 ... 10:00 am - 12:00 pm

##### ❖ Springfield

Mon., March 5 ..... 10:00 am - 11:30 am

##### ❖ Vance

Wed., March 14 .... 10:30 am - 12:00 pm

##### ❖ Orangeburg

Tues., March 6..... 10:00 am - 12:00 pm

Wed., March 21 ..... 10:00 am - 12:00 pm

#### AT COUNCIL ON AGING SITES:

##### ❖ North

Tues., March 20 ..... 10:00 am - 12:00 pm

##### ❖ St. Matthews

Thurs., March 15 ..... 10:00 am - 12:00 pm

##### ❖ Branchville

Mon., March 26 ..... 10:30 am - 12:00 pm

## DID YOU KNOW?

Year to date\* ...

- ❖ Hospital staff and volunteers **provided 6,568 hours of volunteer service.**
- ❖ The Hospital **provided \$1,838,977 in charity care.**
- ❖ The Hospital Auxiliary's Verna Martin Compassionate Care Program **provided \$2,660 in charitable contributions.**
- ❖ The RMC Foundation **received \$293,433 in donations.**

\*RMC operates on a fiscal year, Oct. 1 - Sept. 30.

## support groups

(All support groups are FREE! No registration required except where noted.)

### ❖ **Alzheimer's Support Group**

For family members and caregivers of people with Alzheimer's disease. For more information on the next session, contact Tina McCollum at 803-516-1115.

### ❖ **Amputee Support Group** (1<sup>st</sup> Thurs. of each month, except holidays)

For those with amputations and their family/caregivers. Special topics each month to provide support and help amputees adjust to the changes in their life. Hanger® Clinic and Carolina Orthotics & Prosthetics will provide door prizes and refreshments. For more information, contact Deneene Linder, RN, CCRN, interim program manager of RMC's inpatient rehabilitation unit, rehabcentre®, at 803-378-4510 or email: [dmlinder@regmed.com](mailto:dmlinder@regmed.com).

Thurs., March 1 ..... 5:00 pm

RMC rehabcentre® Dining Room (4<sup>th</sup> floor, turn left after exiting elevators)

### ❖ **Breast Cancer Support Group**

For women who have had breast cancer. For more information, call 803-395-2841 (toll free in SC: 800-476-3377, ext. 2841).

RMC Breast Health Center (Annex Building)

### ❖ **Breastfeeding Friends Support Group**

For breastfeeding moms and their babies and pregnant women considering breastfeeding. This group will provide support, encouragement and a lactation consultant for questions. To register or for more information, call Donna Rhame at 803-395-2177 (toll free in SC: 800-476-3377, ext. 2177) or email: [dhrhame@regmed.com](mailto:dhrhame@regmed.com).

### ❖ **Cancer Support Group**

For cancer patients and their families/caregivers. For more information on the next session, call 803-395-4609 (toll free in SC: 800-476-3377, ext. 4609).

Mabry Center for Cancer Care (1161 Cook Road, Orangeburg)

### ❖ **Lupus Support Group** (2<sup>nd</sup> Fri. of each month, except holidays)

For anyone who wants to learn more about this disease. For more information, contact Crystal Evans at 803-290-6558 or email: [lupushope1@yahoo.com](mailto:lupushope1@yahoo.com).

Fri., March 9 ..... 6:00 pm

RMC Outreach Classroom (1324 Hutto St., Orangeburg)

### ❖ **Multiple Sclerosis Support Group** (1<sup>st</sup> Thurs. of each month, except holidays)

A support group for survivors and their family/friends to find strength and hope. Child care is not provided. To register or for more information, call Suzanne at 803-531-9709 or contact the National Multiple Sclerosis Society, Greater Carolinas Chapter at 800-344-4867 or 919-834-0678

Thurs., March 1 ..... 6:00 pm (Registration required.)

First Baptist Church Family Life Center (2855 Columbia Rd., Orangeburg)

### ❖ **Spinal Cord Injury Support Group** (2<sup>nd</sup> Thurs. of each month, except holidays)

For those who have spinal cord injuries and their family/friends. For more information, call 803-395-2698 (toll free in SC: 800-476-3377, ext. 2698).

Thurs., March 8 ..... 6:30 pm

RMC Outreach Classroom (1324 Hutto St., Orangeburg)

## support groups

### ❖ **Stroke Support Group** (2<sup>nd</sup> Wed. of each month, except holidays)

For stroke survivors and family caregivers to provide support and encouragement. Special topics each month. For more information, contact Sherry Davis, RN, BSN, program coordinator of RMC's Primary Stroke Center, at 803-395-4014 (toll free in SC: 800-476-3377, ext. 4014) or e-mail: [sjdavis@trmchealth.org](mailto:sjdavis@trmchealth.org).

Wed., March 14 ..... 10:30 am RMC Community Outreach Building (1324 Hutto St., Orangeburg)

### ❖ **Surgical Weight Loss Support Group** (1<sup>st</sup> Tues. and 3<sup>rd</sup> Thurs. of each month, except holidays)

Special topics to provide support and encouragement to pre-op and post-op surgical weight loss patients and their family members. To register or for more information, call 803-395-2720 or email: [surgicalweightloss@regmed.com](mailto:surgicalweightloss@regmed.com).

Tues., March 6 ..... 5:30 pm

RMC Pathways to Behavioral Health

(Medical Arts Center, 1175 Cook Rd., Suite 305, Orangeburg)

(Registration preferred.)

Thurs., March 15 ..... 12:00 noon

Palmetto Surgical Group Conference Room

(Medical Arts Center, 1175 Cook Rd., Suite 230, Orangeburg)

## programs

### ❖ **Cardiopulmonary Rehabilitation**

Accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation, RMC's Cardiopulmonary Rehab program is open to those who previously experienced heart attacks, cardiac surgery or lung cancer as well as heart or lung transplant candidates who need rehabilitation therapy to meet pre-surgery and post-surgery requirements. Those who currently suffer from the following conditions are also eligible: coronary artery disease; coronary high risk factors; pulmonary conditions such as emphysema, chronic bronchitis, asthma or sarcoidosis; or occupational/environmental lung disease. A physician referral is required. For more information, call 803-395-2887 or 2498 (toll free in SC: 800-476-3377, ext. 2887 or 2498).

### ❖ **Education**

#### **FREE Total Joint Replacement Education Class** (2<sup>nd</sup> Wed. of Each Month, except holidays)

Find out more about total knee and total hip replacement and what to expect before and after surgery.

Call 803-395-3837 to register or for more information.

Wed., March 14 ..... 12:00 noon RMC Community Outreach Building (1324 Hutto St., Orangeburg)

(Registration required.)

#### **Speakers' Bureau** (FREE)

Healthcare professionals are available to speak at civic, school and professional meetings. All speaker requests must be made at least three weeks in advance. To schedule a speaker, call 803-395-2320 (toll free in SC: 800-476-3377, ext. 2320).

#### **Open Airways for Schools** (FREE asthma education)

Designed for school-age children in grades 3, 4, and 5, Open Airways for Schools is taught in schools by an RMC respiratory therapist and respiratory therapy students of OC-tech. Program instructors will discuss asthma medications, what they do and why it is important to use them. Students will also have the opportunity to talk about treatments they are taking. Schools interested in registering 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> graders for this asthma education program should contact RMC's Respiratory Care Department at 803-395-2322 (toll free in SC: 800-476-3377, ext. 2322).

## programs

### ❖ **Healthy Living Center**

*An Endocrinology & Metabolic Center*  
**RMC Annex Building, upper level**

*RMC's Healthy Living Center (HLC) is a comprehensive endocrinology program that provides medical evaluation, treatment, education, management and support for those battling endocrine-related diseases. The HLC program provides medical evaluation and treatment of diabetes, adrenal disease, thyroid disease, osteoporosis, pituitary disease, parathyroid disease and hypogonadism. For more information, call 803-395-3891 (toll free in SC: 800-476-3377, ext. 3891).*



### ❖ **Women & Children**

#### **FREE Breastfeeding Support Telephone Line**

*For breastfeeding questions or concerns, call our lactation consultant at 803-395-2177 (toll free in SC: 800-476-3377, ext. 2177). Leave a message, and the lactation consultant will return your call between the hours of 8:00 am and 8:00 pm, seven days a week.*

**Breastfeeding Friends Support Group** (see "Support Groups" on page 6 for details)

#### **Circumcision Clinic** (2<sup>nd</sup> Mon. of each month, except holidays)

*This clinic is offered monthly for male infants less than 2 months old who either do not have medical insurance or whose medical insurance does not cover circumcision. For appointments call 803-395-2739 (toll free in SC: 800-476-3377, ext. 2739) during normal business hours (Mon. - Fri., 8 am until 5 pm). For more information on the clinic, call 803-395-2216 (toll free in SC: 800-476-3377, ext. 2216).*

**Mon., March 12 Cost: \$300** (Appointments required. Payment must be collected before circumcision is performed.)

#### **Prepared Childbirth**

*A comprehensive, five-session course incorporating lecture, discussion and breathing exercises. To register for the next course, call 803-395-2819 (toll free in SC: 800-476-3377, ext. 2819).*

**\$50** (Registration required.)

#### **Text4baby – Tips 4 Mom & Mom 2b**

*Her Place, RMC's maternity care unit, is a partner with Text4baby, a **FREE** mobile information service designed to promote maternal and child health through text messaging to help women through pregnancy and baby's first year. Signing up is easy! Text BABY (BEBE in Spanish) to 511411 or sign up by visiting: [www.text4baby.org](http://www.text4baby.org). Women receive three **FREE** text messages a week timed to their due date or their baby's birth date. Messages address topics such as labor signs and symptoms, prenatal care, urgent alerts, developmental milestones, immunizations, nutrition, birth defect prevention, safe sleep, safety, breastfeeding and more. Text STOP to discontinue messages or HELP for help at any time.*

#### **Look Good ... Feel Better®** (FREE)

*For women undergoing active treatment for cancer. Appearance enhancement using practical tips from a local cosmetologist on makeup, wig styling, nail care, etc. Participants receive a complimentary make-up kit. For more information or to register for the next class, call 803-395-4609 (toll free in SC: 800-476-3377, ext. 4609).*



## programs

### ❖ Women & Children

#### Safe Kids

Led by RMC and RMC's Foundation, Safe Kids of Orangeburg, Bamberg and Calhoun Counties is affiliated with the international Safe Kids Worldwide. A national award-winning program, Safe Kids' mission is to decrease unintentional injury to children in the tri-county area. Outreach includes all safety issues related to children with emphasis on child safety seats and bicycle, gun, poison and water education. For more information, contact Patricia Funderburk, RN, CPST, Safe Kids director, at 803-395-2822 (toll free in SC: 800-476-3377, ext. 2822) or email: [pdfunderburk@regmed.com](mailto:pdfunderburk@regmed.com).

**FREE Car Safety Seat Checks:** Be sure your child's car seat is installed correctly, and your child is safely buckled in. For more information on the next check, call 803-395-2822 (toll free in SC: 800-476-3377, ext. 2822) or email: [pdfunderburk@regmed.com](mailto:pdfunderburk@regmed.com).

## services

### ❖ HEALTHPLEX

#### Information & Membership

HEALTHPLEX's five fitness centers are staffed by exercise physiologists who can assist you in achieving your lifestyle goals. For more information about available services or fitness memberships at HEALTHPLEX at RMC and at satellite facilities in Branchville, Holly Hill, St. Matthews and Santee, call the HEALTHPLEX Wellness desk at 803-395-2752 (toll free in SC: 800-476-3377, ext 2752).

#### **The Regional Medical Center – Rehab & Fitness**

Location: Annex Building, lower level  
3000 St. Matthews Road, Orangeburg

#### **Branchville – Fitness**

Location: 7031 Freedom Road, Branchville

#### **Santee – Rehab & Fitness**

Location: 111 John Lawson Avenue, Santee

#### **Holly Hill – Fitness**

Location: 181 Bunch Ford Road, Holly Hill

#### **St. Matthews – Fitness**

Location: John Ford Community Center  
304 Agnes Street, St. Matthews

### ❖ Home Care

#### **1895 St. Matthews Road, Orangeburg**

Home Care of RMC is a state-licensed, Medicare and Medicaid certified, Joint Commission accredited, hospital-based agency. Most costs for services are paid for by Medicare, Medicaid, Workers' Compensation, Veterans Administration insurance or private insurance. As a family-centered program, Home Care of RMC offers a wide range of in-home services to individuals and their families in Orangeburg, Calhoun and Bamberg counties. For more information, call 803-395-2600 (toll free in SC: 800-476-3377, ext. 2600).

### ❖ RMC Pharmacy

#### **Emergency Department Entrance, RMC**

The RMC Pharmacy has been established to serve patients at discharge, RMC employees and the general public with a convenient option for filling prescriptions at competitive prices. For more information, call 803-395-2507 (toll free in SC: 800-476-3377, ext. 2507).

**Hours: Monday - Saturday, 11:00 am - 8:00 pm    Sunday, 3:00 pm - 8:00 pm**

## services

### ❖ Patient Requested Lab Tests

RMC offers a limited number of Patient Requested Lab Tests to help you monitor certain health conditions and assist you in communicating with your physician. All tests results will be reviewed by the hospital physician in charge of Patient Requested Lab Tests. If results are significantly abnormal, the physician will call the patient directly to discuss the results. All tests must be paid for up front with cash, check or credit card. Health insurance claims will not be filed. For more information, call 803-536-5004 or visit our website, [www.trmchealth.org](http://www.trmchealth.org), and search for "Laboratory."

#### Four Convenient Locations for Patient Requested Lab Tests

##### **Outpatient Lab at RMC**

*(Patient Registration Entrance)*

**Hours:** Mon.-Fri., 7:00 am-3:30 pm

3000 St. Matthews Rd., Orangeburg

Telephone: 803-395-2874

##### **Outpatient Lab | Medical Arts Building**

**Hours:** Mon.-Thurs., 8:30 am-5:00 pm and Fri., 8:30 am-1:00 pm

1175 Cook Rd., Suite 140, Orangeburg

Telephone: 803-395-2802

##### **Outpatient Lab | The Village**

*(RMC Home Care Entrance)*

**Hours:** Mon.-Fri., 8:30 am-5:00 pm

1895 St. Matthews Rd., Orangeburg

Telephone: 803-395-2148

##### **Urgent Care | Bamberg (Lab)**

**Hours:** 10:00 am-9:00 pm, seven days a week

185 McGee St., Bamberg

Telephone: 803-395-3700

##### **Urgent Care | Santee (Lab)**

**Hours:** Mon., Tues., Thurs. & Fri., 12:00 pm-8:00 pm

Wed., 8:00 am-8:00 pm and Sat., 11:00 am-10:00 pm

111 John Lawson Ave., Santee

Telephone: 803-395-2070

### ❖ RMC Price Line

#### **Estimated Hospital Charges**

To better serve the community, RMC provides estimated hospital costs to individuals upon request before services are rendered. Individuals may call the RMC Price Line to speak to a representative who will collect information about the service requested, the individual's health insurance carrier, deductible and other details to estimate how much the individual may be responsible for paying. For more information or to make a request, call 803-395-3000 (toll free in SC: 800-476-3377, ext. 3000).

**Hours: Monday – Friday from 8:30 am to 4:30 pm**

### ❖ rehabcentre<sup>®</sup>

#### **Fourth Floor, RMC**

RMC's rehabcentre<sup>®</sup> admits and treats patients with physical impairments caused by illness or injury. Led by rehabilitation physician Lamar Dawkins, MD, RMC's rehab team includes rehabilitation nurses; physical, occupational and speech therapists; and a social worker. For more information, call 803-395-2751 (toll free in SC: 800-476-3377, ext. 2751).

## services

### ❖ **Urgent Care | Bamberg** 185 McGee St., Bamberg

a Department of the Regional Medical Center

*An after-hours clinic that provides expert medical care when you cannot get a doctor's appointment. Featuring physician, lab and X-Ray services, Urgent Care | Bamberg is the perfect solution for minor injuries and common illnesses. For more details, visit [www.trmchealth.org](http://www.trmchealth.org), or call 803-395-3700 (toll free in SC: 800-476-3377, ext. 3700).*

**Hours: 10:00 am - 9:00 pm, daily**

### ❖ **Urgent Care | Santee** 111 John Lawson Ave., Santee

a Department of the Regional Medical Center

*An after-hours clinic that provides expert medical care when you cannot get a doctor's appointment. Featuring physician, lab and X-Ray services, Urgent Care | Santee is the perfect solution for minor injuries and common illnesses. For more details, visit [www.trmchealth.org](http://www.trmchealth.org), or call 803-395-2070 (toll free in SC: 800-476-3377, ext. 2070).*

**Hours: Monday - Saturday, 10:00 am - 8:00 pm**

# + rmc Community Calendar

March 2018

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803-395-2200 | 800-476-3377 | TDD: 803-395-2350 | www.trmchealth.org

## Telephone Directory

**Main Number ..... 803-395-2200**

**Toll Free within SC .....800-476-3377**

Patient Information .....	803-395-2252
Advanced Wound Healing & Hyperbaric Center ....	395-2471
Behavioral Health Center (Psychiatric Care) .....	395-2830
Blood Assurance Program .....	395-2419
Breast Health Center.....	395-2841
Grove Park Breast Center Boutique at RMC .....	614-5563
Cancer Center .....	395-4600
Cardiology (EKG, Stress Testing, etc.) .....	395-2325
Cardiopulmonary Rehabilitation .....	395-2887
Care Planning/Resource Mgmt. (Social Services) .....	395-2427
Cath Lab.....	395-2960
Community Outreach/Safe Kids.....	395-2698
Credit Union .....	395-2357
Customer Service (24 hours a day) .....	395-2430
Diabetes Education .....	395-2514
Diagnostic Center   Holly Hill.....	395-3083
Diagnostic Imaging (X-Ray/Radiology) .....	395-2365
Dialysis Access Institute.....	395-2145
Discharge Clinic (RMC Primary Care – The Village) ....	395-2139
Edisto Employee Clinic .....	1-866-959-9355
For test results & follow-up ONLY .....	395-3818
Education .....	395-2249
EEG/EMG .....	395-2328
Emergency Department .....	395-2205
Emergency Department Patient Advocate.....	395-2871
Employee Health .....	395-2251
Employer Relations/Workforce Health .....	395-2527
Endoscopy.....	395-2283
Engineering Services (Maintenance) .....	395-2241
Express Registration .....	395-2739
Food and Nutrition Services.....	395-2219
Gift Shop .....	395-2253
Health Information Mgmt. (Medical Records) .....	395-2272
HEALTHPLEX at RMC (PT, OT, Speech) .....	395-2804
HEALTHPLEX at RMC (fitness/wellness) .....	395-2752
HEALTHPLEX   Branchville (fitness) .....	274-4413
HEALTHPLEX   Holly Hill (fitness) .....	395-3085
HEALTHPLEX   St. Matthews (fitness) .....	655-5999
HEALTHPLEX   Santee (fitness & rehab).....	395-2090
Healthy Living Center (Annex Building, upper level) ...	395-3891
Her Place (Women’s Services) .....	395-2201
Home Care .....	395-2600
Human Resources .....	395-2270
Infection Control .....	395-2381
Information Systems (IS Help Desk) .....	395-2817
Joint Center (arthritis & joint health education) .....	395-3837
<b>Laboratory</b>	
Main Laboratory (RMC) .....	395-2404
Outpatient Lab (RMC Patient Registration wing) .....	395-2874
Outpatient Lab (The Village) .....	395-2148
Outpatient Lab (Medical Arts) .....	395-2802
Outpatient Lab (Urgent Care   Santee) .....	395-2070
Outpatient Lab (Urgent Care   Bamberg).....	395-3700

Marketing .....	395-4678
Medical Staff Services .....	395-2568
Mobile Services.....	395-4708
Nephrology/Dialysis .....	395-2570
Neurology.....	395-2328
Nursing Administration.....	395-2740
Nursing Supervisor .....	395-2344
<b>Nursing Units</b>	
2 East – Peds/Adolescents .....	395-2203, 2214, 2215
3 West .....	395-2301, 2310, 2311
4 West .....	395-2401, 2410, 2411
Behavioral Health Center (Psychiatric Care) ....	395-2830
CCU – Coronary Care Unit.....	395-2302, 2312, 2313
Her Place – Women’s Services.....	395-2201, 2202, 2211
ICU – Intensive Care Unit.....	395-2402, 2412, 2413
MSSU – Medical-Surgical Stepdown Unit .....	395-2305
Nursery .....	395-2216
Operating Room (Surgery).....	395-2470
PCU – Progressive Care Unit .....	395-2303, 2314, 2315
Recovery Room.....	395-2479, 2481, 2483
rehabcentre® (Inpatient Rehab Unit) .....	395-2751
Same Day Surgery .....	395-2395
Nutrition Counseling (Outpatient) .....	395-4632
Occupational Medicine .....	395-2066
Pastoral Care (Chaplain) .....	395-2356
Pathology.....	395-2404
Pathways to Behavioral Health (Med. Arts Ctr.) ..	395-3715
Patient Account Services.....	395-2257
Peripherally-Inserted Central Catheter (PICC) ...	395-2645
Pharmacy (Outpatient).....	395-2507
Physician Recruitment .....	395-2935
Physician Referral Line .....	395-4631
Physician Relations .....	747-1770
Price Line (estimated hospital charges) .....	395-3000
Public Relations .....	395-2320
Recovery Room .....	395-2479, 2481, 2483
rehabcentre® (Inpatient Rehab Unit) .....	395-2751
Respiratory Care.....	395-2322
RMC Foundation.....	395-2321
Safe Kids/Community Outreach .....	395-2698
Same Day Surgery.....	395-2738
Shuttle Service.....	662-4410
Sleep Lab.....	395-2322
Stroke Center.....	395-4014
Surgical Weight Loss Center .....	395-2720
Urgent Care   Bamberg.....	395-3700
Urgent Care   Santee .....	395-2070
Vascular Center .....	395-4545
Vein Clinic.....	395-4555
Volunteer Services.....	395-2425
Wound Healing & Hyperbaric Center.....	395-2471

## RMC PROVIDERS

### PRIMARY CARE

#### ORANGEBURG

Yongxin (John) Li, MD, PhD | William Baly, MD  
Tara Hook, MD | Melanie T. Sheppard, PA  
Denette A. Lamb, APRN  
1750 Village Park Drive, Orangeburg  
803-395-4160

John H. Hayden Jr., MD | Stacy W. Weaver, PA  
1619 Carolina Avenue, Orangeburg  
803-395-3057

#### ST. MATTHEWS

Timothy S. Shaver, MD | Tjuana F. Durden-Seidl, MS, PA  
725 Harry C. Raysor Drive, St. Matthews  
803-395-3755

#### NORTH

Tara Hook, MD | Brenda K. Wilhite, APRN  
4631 Savannah Highway, North  
803-395-3038

#### HOLLY HILL

Sarah M. Crickman, MD | Matthew N. Kunkleman, MMS, PA  
Connie B. Simons, APRN  
187 Bunch Ford Road, Holly Hill  
803-395-3068

#### BRANCHVILLE

William E. O'Quinn, MD | Hailey B. Libengood, PA  
215 Dorange Road, Branchville  
803-395-3650

#### BAMBERG

Kelenne V. Tuitt, DO, MS | Dana L. Wolfe, APRN  
498 North Street, Bamberg  
803-395-3600

#### DENMARK

William E. O'Quinn, MD | Rachel R. Danford, DNP, APRN  
5073 Carolina Highway, Denmark  
803-395-3048

### INTERNAL MEDICINE

#### RMC INTERNAL MEDICINE

Lamar W. Dawkins Jr., MD | Goroh Okazaki, MD  
1097-A Cook Road, Orangeburg  
803-534-5110

#### RMC INTERNAL MEDICINE & GASTROENTEROLOGY

Muhammad Yunis, MD  
2850 Pelham Court, Orangeburg  
803-395-2403

### VEIN CLINIC

Julius W. Babb III, MD, FACS  
RMC Annex | Upper Level  
3000 St. Matthews Road  
803-395-4555

### CARDIOLOGY

George E. Castro, MD, FACC | Nicole L. Tidd, APRN  
1137 Cook Road, Orangeburg  
803-531-0970

John O. Hutto, MD, FACP, FACC | Samuel V. King, MD  
Denise A. Canup, PA  
2664 St. Matthews Road, Orangeburg  
803-395-3844

Mark J. Krzyston, MD, FACC | Lisa G. Myers, APRN  
1175 Cook Road, Suite 225, Orangeburg  
803-534-8723

### ENDOCRINOLOGY

#### HEALTHY LIVING CENTER

Kimberly B. Pugh, MD | Temple Simpson, PA, MPAS, CDE  
RMC Annex | Upper Level  
3000 St. Matthews Road  
803-395-3891

### GENERAL SURGERY

#### ORANGEBURG SURGICAL ASSOCIATES

Michael A. Hill, MD, FACS | Kimberly E. Miller-Hammond, MD  
Lisa F. Etheridge, APRN  
1175 Cook Road, Suite 320, Orangeburg  
803-395-3960

### GENERAL & VASCULAR SURGERY

#### PALMETTO SURGICAL GROUP

Dion L. Franga, MD, FACS, RPVI | Thomas T. Chow, MD  
Mauricio Bassante, MD | Sandra M. Chaplin, ACNP  
1175 Cook Road, Suite 230, Orangeburg  
803-395-3900

### OBSTETRICS & GYNECOLOGY

#### RMC OB/GYN

David W. Gillespie, MD | Whitney W. Thoma, MD  
Thomas C. Key Jr., MD | Alessia M. Perry, MD  
Patricia M. Smith, CNM  
1175 Cook Road, Suite 145, Orangeburg  
803-395-3737

### OCCUPATIONAL MEDICINE

#### Teresa A. Williams, MD

The Regional Medical Center-Same Day Surgery Entrance  
3000 St. Matthews Rd., Orangeburg  
803-395-2066

### ORTHOPAEDICS

#### S.C. ORTHOPAEDIC INSTITUTE

Jerrold M. Buckaloo, MD, FAAOS | Lucius Craig III, MD  
Shakisha T. Redmond, PA | C. Linda Hawkins, PA  
Katherine R. Moredock, PA  
1175 Cook Road, Suite 215, Orangeburg  
803-395-3837

### URGENT CARE

#### BAMBERG

185 McGee Street, Bamberg  
803-395-3700

#### SANTEE

111 John Lawson Avenue, Santee  
803-395-2070