

MARCH COMMUNITY HEALTH TOPIC OF THE MONTH



## **WEIGHT CONTROL**

# *by Diet Management*

Speaker: RMC Nutritionist

**THURSDAY, MARCH 18, 2010**

**6:00 P.M. -7:00 P.M.**

Education Center at RMC

(Park in rear of hospital and use outside rear entrance)

- or -

**FRIDAY, MARCH 19, 2010**

**12:00 P.M. – 1:00 P.M.**

Private Dining Rooms A & B

(Park near patio entrance and come through gate)

FREE meal will be provided at each session.

*Please RSVP to Patricia Funderburk by March 11  
(803-395-2698 or [pdfunderburk@regmed.com](mailto:pdfunderburk@regmed.com)) if  
you plan to attend either session.*

**+** rmc

the Regional Medical Center